



### Telephone numbers

740-653-4422  
1-800-282-5064

### Internet

www.southcentralpower.com

### Offices

**LANCASTER**  
2780 Coonpath Road NE  
P.O. Box 250  
Lancaster, OH 43130

**CANAL WINCHESTER**  
10229 Busey Road  
Canal Winchester, OH 43110

**CIRCLEVILLE**  
2100 Chickasaw Drive  
Circleville, OH 43113

**HILLSBORO**  
110 Danville Pike  
Hillsboro, OH 45133

**BARNESVILLE**  
37801 Barnesville-Bethesda Rd.  
Barnesville, OH 43713

**OFFICE HOURS:**  
Monday through Friday  
8 a.m. to 5 p.m.

### Keep This Number

When reporting an outage, an automated outage reporting system may answer your call. It may ask for your 12-digit account number to help locate the outage site. This number is found on your monthly bill. It's handy to write it down and keep it near the phone.

### Suggestions

Please send your *Country Living* story ideas or comments to the attention of Lisa R. Hooker at South Central's Lancaster office.

# SOUTH CENTRAL POWER COMPANY

A Touchstone Energy® Cooperative 

## South Central Power Company 74th Annual Meeting Thursday, Aug. 19 Fairfield County Fairgrounds in Lancaster

**10:30 a.m.** Meeting called to order — Ken Davis, Chairman  
Salute to the Colors  
Invocation — Pastor Mike O'Bryant  
Bloom Baptist Church, Lithopolis  
Welcome — Ken Davis  
Report of the Secretary — Thomas Lamb  
Report of the Treasurer — James Evans  
Report of the President — Ralph Luffler  
Announcement of Election of Trustees  
Prize drawings (including morning grand prize)

**LUNCH** Served by Boy Scout Troop 241, Lithopolis

**1 p.m.** Entertainment — The Vogues  
Prize drawings (including afternoon grand prize)  
Adjournment

*Master of Ceremonies — Stanley C. Robinson*  
Visit the display tent for important information!

## The Vogues to entertain

The Vogues created a fresh original harmonic blend in the 1960s that has left an indelible mark on the music world. Today, that sound is still unmistakable.

Hailing from western Pennsylvania, the group's recording of *You're the One* thrust them into the national spotlight. The Vogues followed it with a series of hits that included *Turn Around*, *Look at Me* as well as *My Special Angel* and *Five O'Clock World*.

In 2001, the original Vogues were inducted into the Vocal Group Hall of Fame, adding to their illustrious career.



# Homeowners and businesses rely on co-op's Security Division for 13 years

South Central Power's Security Division installed its first wireless system in August 1997 at the Lancaster home of Dave Arter.

"We started with a door sensor and motion detectors. Since then we've upgraded our system and added fire alarm systems," says Arter, a retired South Central Power employee.

Today, more than 2,000 homeowners, farmers and small business owners have turned to South Central Power for a wide variety of security needs: monitored security systems, medical alert systems, surveillance cameras and commercial fire protection systems.

The decision to make home security systems available resulted, in part, from a 1997 Additional Services Survey.

"Our customers told us that we should offer other products if it made good business sense, and customers expressed interest in home security," explains Edson Kindler, vice president of customer service.

**Wireless security systems.** A variety of state-of-the-art wireless sensors monitor for intrusion, fire, carbon monoxide, flooding, temperature changes and more.

The system is flexible, allowing customers to choose the components that fit their home and lifestyle. The components are easily installed and don't damage paint or wallpaper.

Additionally, the Security Division also offers pre-wiring for a hard-wired security system for homes under construction or being remodeled.

A South Central Power employee meets with interested home or business owners to offer equipment recommendations and a free estimate. South Central Power employees also install the equipment.

With a low \$24.95 monthly monitoring fee, the systems also offer a routine wear-and-tear warranty.

Security systems installed by South Central Power are monitored 24-hours-a-day by W/H International Response Center, a division of Wright-Hennepin Co-op Electric Association in Minnesota. When an alarm is activated, the monitoring station alerts you, family or neighbors you designate, and the appropriate safety authorities.

**Surveillance camera systems.** Keep an eye on your property with a camera system. Homeowners in remote locations or with long driveways, as well as businesses needing additional security find them to be useful. Customers can view the scene, as well as record the on-camera activity.

**Commercial fire systems.** Small businesses, school dis-

tricts and others turn to South Central Power to install commercially rated fire panels, smoke and fire sensors for their facilities.

**Personal Emergency Reporting System (PERS-2400).** It offers the elderly and those with medical conditions the independence to live longer in their own home, while giving their loved ones peace of mind.

The PERS-2400 unit is an affordable system that's easy to use.

A simple push of a button activates the transmitter, which can be worn as a pendant or wristband. The two-way voice communicator lets the customer speak with the 24-hour emergency monitoring center which then contacts emergency personnel, or pre-selected family members and friends.

Unlike other items offered through the Security Division, the PERS-2400 can be leased for the low monthly fee of \$30.95 for a minimum three-month contract.

*All security services are available to South Central Power electric customers and noncustomers alike. Contact the Security Division at 1-800-282-5064 ext. 6153 for details.*



*South Central Power's Security Division staff members are happy to help you with your security needs. From left: Jamie Thimmes, Bruce Duck, Carol Disbennet, Shelly Handshey, Terry Sheppard, Jason Thomas and Chris Ortiz.*

# Youth Tour students go to Washington, D.C.

Teisa Bieber of Baltimore and Taylor Ashley of Sugar Grove were South Central Power's representatives to the annual Youth Tour.

They were among the 35 students from 19 Ohio co-ops who visited Washington, D.C., in June.

In all, the 1,494 students from 44 states comprised record participation.

Bieber attends Sheridan High School and is the daughter of Rodger and Liz Bieber of Rushville. Ashley attends Fairfield Christian Academy and is the daughter of Jim and Danielle Ashley of Sugar Grove.

The National Rural Electric Cooperative Association sponsors the Youth Tour. For decades, it has combined the fun and excitement of meeting peers from across the country with the educational, historical and sight-seeing opportunities offered at the nation's capital and surrounding areas.

During the trip, the youth met with members of Congress. They also toured the Capitol and the U.S. Supreme Court. They saw the Kennedy Center for the Performing Arts, Library of Congress, Mount Vernon and Arlington National Cemetery. Additionally, the students toured the Roosevelt, Jefferson, Lincoln, World War II and Vietnam memorials, as well as other national landmarks.



*Taylor Ashley (left) and Teisa Bieber represented South Central Power at the NRECA Youth Tour.*

## Keep food safe during a power outage

It's important to keep cold food safe during a power outage. With a little advanced preparation and know-how, you can keep your family safe from food-borne bacteria.

First and foremost, keep the refrigerator and freezer doors closed as much as possible to maintain the cold temperature.

If unopened, a refrigerator will keep food safely cold for about four hours. A full freezer will do so for about 48 hours, or 24 hours if it's half-full.

A sure-fire way to know if food is safe is to monitor its temperature. Meat, poultry, fish and eggs should be refrigerated at or below 40 degrees Fahrenheit and frozen food at or below 0 degrees Fahrenheit.

A digital, dial or instant-read food thermometer and appliance thermometers help you know if the food remains at safe temperatures.

To keep things cold as long as possible dur-

ing prolonged power outages, keep your freezer full. If it's not full, group items close together to preserve the cold.

Dry ice can help keep freezers chilly. Generally, it takes 25 pounds or so to keep a full, 10-cubic foot freezer safe for three to four days. Fifty pounds of dry ice should hold an 18-cubic foot full freezer for two days. Wear heavy-duty gloves or use tongs when handling dry ice, as its temperature is -216 degrees Fahrenheit. Separate it from food with cardboard to prevent freezer burn.

Power back on? Discard any perishable refrigerated food (meat, poultry, fish, eggs and leftovers) that have been above 40 degrees for two hours.

If frozen food is 40 degrees Fahrenheit or below or ice crystals are visible, it's safe to refreeze.

*Source: U.S. Department of Agriculture, U.S. Food Safety and Inspection Service.*



**Getting duplicate issues of *Country Living*?**

Are you receiving multiple copies of *Country Living* magazine?

Please let us know, and we'll make the necessary changes to ensure you receive only one copy.

E-mail us through the website or contact Lisa Hooker, Director of Communications and Government Relations at 1-800-282-5064 extension 6104.

Your assistance saves natural resources and helps your co-op save printing and postage costs.

Remember that current and past issues of *Country Living* also can be found online at [www.southcentralpower.com](http://www.southcentralpower.com).

**No posting, please!**

It's tempting to post yard sale or lost pet signs on utility poles.

Nails, tacks and staples are small, but dangerous. They prevent linemen from getting good footing on the pole, and could catch on their arm or leg.

Sharp objects puncture rubber gloves, boots and other safety equipment, putting workers at risk of electrocution.

When a line crew must remove nails or staples from poles before climbing, it takes that much longer to restore power during outages.

Please do not attach any items to utility poles, no matter how small or innocent looking.

Someone's life may depend on it.

**Preventing a hot kitchen**

Keep cool this summer when preparing meals. These summer cooking tips can save you money and energy.

Cook outdoors when possible to reduce the load on the air conditioner. Some adventurous chefs use an outdoor solar cooker or oven. They can accommodate any food a slow cooker can. To learn more, visit [www.solarcooking.org](http://www.solarcooking.org).

Toaster ovens, convection ovens and slow cookers use less energy than conventional stovetops or ovens.

Use as small a pan, as little water and as little pre-heating time as possible.

Bake in glass or ceramic ovenware instead of metal. You can turn the temperature down by 25 degrees, and foods will cook in the same amount of time.

Avoid thawing food in the microwave. Thawing it in the refrigerator is more energy efficient and is safer than thawing food on the countertop or in the sink.

Don't open the oven door to sneak a peek. Use the oven window instead.

Regularly clean the pans under the burners. They'll more effectively reflect heat to the cookware. Dirty burner pans absorb heat and reduce efficiency.

Use flat-bottom cookware that rests evenly on the stove's burners.

Turn the stove or oven off before the cooking is done and use the residual heat. Food will continue to cook, but energy use is reduced. A hot electric burner element can be turned off a few minutes early, while ovens can be turned off 20 minutes before baking is done. (This may not apply to pies, cakes and other baked goods.)

**Watch your mailbox in August!**



That's when you'll receive your Co-op Connections® card and related material in the mail. This Touchstone Energy® exclusive membership discount card offers cooperative customers thousands of national and local deals.

Once you have your Co-op Connections card in hand, use it right away to start saving money!

Contact Community Development Director Brad Markwood with any questions at 1-800-282-5064 ext. 6257.